

FREQUENTLY ASKED QUESTIONS

SENIORS MAINE EXPLORATION GETAWAY

What exactly does the cost of the program include? The program runs from check-in on Sunday afternoon (3 - 5 pm) through your departure time after lunch on Wednesday afternoon (around 2 pm). You have access to all camp facilities (e.g., waterfront, library, tennis, and more) as well as participation in any of the specific activities that are being offered (e.g., lectures, baking, crafts, hiking, and more). In addition, you can relax at The Waterford Inne by enjoying their parlor and library, or their beautiful outdoor grounds. All your meals are included from Sunday's dinner through Wednesday's lunch. We will provide healthy snacks as well. We will have evening activities on Sunday through Tuesday. There may be additional charges for certain select services (e.g., massage therapy), if requested or available.

What is the timeframe that the program is operating? Day 1 is Sunday, September 10, 2017, and commences upon your check-in between 3 and 5 pm at The Waterford Inne. The program ends on Day 4, Wednesday September 13, 2017, when you depart after lunch (around 2 pm).

Can you tell me a little bit about the meals you will be serving? There will be a fully-cooked breakfast at The Waterford Inne. Typical lunch fare will be served at camp, prepared by The Waterford Inne. Dinners will consist of three courses of country fare cuisine, also prepared by the Waterford Inne.

What if I have dietary restrictions? We will do our best to accommodate your dietary restrictions. The Waterford Inne has been providing breakfasts and gourmet meals for their guests since 1978, and has always been flexible with respect to their guests' unique needs.

What about medical emergencies? Both Birch Rock Camp and The Waterford Inne are 15 minutes away from Stephens Memorial Hospital in Norway, ME. This hospital is an affiliate of Maine Medical Center.

How do I sign up for this program? Simply contact us and we will email you a registration form. If you do not have an email address, we will send it via US Postal Service. Complete the form, sign and date it, and send it in with a \$500 deposit. Make your check payable to Birch Rock Camp and mail to Seniors Maine Exploration Getaway, P.O. Box 149, Waterford, ME 04088. We will send you a receipt. Payment in full must be received by August 1, 2017.

Do you accept credit or debit cards? We do not accept credit cards. Checks only, please.

What is your cancellation policy? If you cancel prior to August 25, 2017, you will receive a full refund less a \$50 handling fee. If you cancel after that cut-off date, your payment is non-refundable. We will however issue you a tax receipt for a donation to Birch Rock Camp.

What is the deadline to sign up for the program? The deadline to sign up is August 1, 2017. That is, we need to receive your registration form and full payment by that date.

What if I don't want to participate in any of the structured activities? That's the beauty of this program. You get to choose your own adventures! You can be as structured as you wish! You can participate in all activities or you can simply choose to sit in the Adirondack chairs, read a favorite book, feel a warm autumn breeze, or listen to the slapping of the water against the dock.

Tell me a little bit about your staff. The staff at Seniors Maine Exploration Getaway is comprised of professionals with a long history of specialization in adult education, innkeeping, gourmet dining, summer camp programming, event organization, academia, and psychology. This group is dedicated to providing you with an experience combining intellectual stimulation, physical activities, and social connectedness. In addition to the supervisory staff, we also have experienced waterfront, outdoors and kitchen staff.

What is the expected attire? Casual is the name of the game here! However, there are some items that you should consider bringing, such as sturdy footwear, rain jacket, sweatshirt, sun hat, sunscreen, and so on, for an outdoors experience. Once you register, we will send you a packing list.

Can I come just for a night or two? No, when you sign up, you sign on for the complete program.

Are alcoholic beverages allowed on the premises? No alcohol is permitted at Birch Rock Camp. The Waterford Inne does not have a liquor license, so it's BYOB.

What is the smoking policy? Birch Rock Camp and The Waterford Inne are both smoke-free.

Will there be Wi-Fi accessibility? Both Birch Rock Camp and The Waterford Inne have Wi-Fi accessibility. Just ask us for the passwords.

Are there any extra charges I am unaware of? There may be additional charges for certain select services (e.g., massage therapy), if requested or available.

What if I live locally and don't want to use your accommodations but attend the program on a daily basis? Please contact us for activities-only participation and we'll be happy to help you.